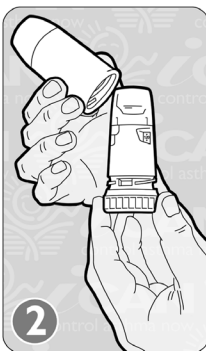


DRY POWDER INHALER

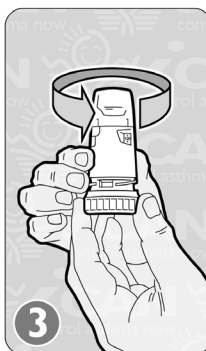
TURBUHALER (6+ YEARS)



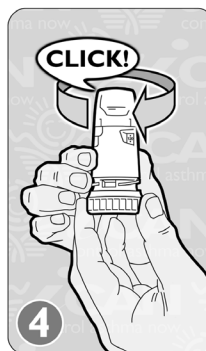
1 CLOSED



2 TWIST OPEN



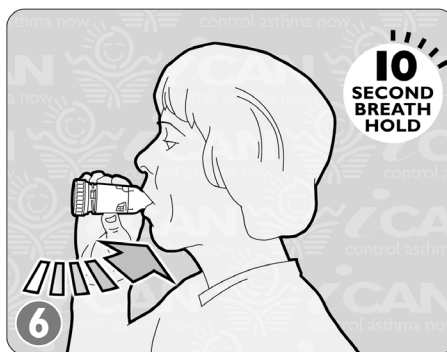
3 TURN



4 CLICK



5 BREATHE OUT



6 DEEP BREATH IN & HOLD



7 RINSE & SPIT

IMPORTANT INFORMATION

- Empty?:**
- The window on the device starts to show red when there are 20 doses left. When the window is completely red, it is empty. Throw it away.
 - The window on some devices has numbers that count down the dose - "0" means it is empty. Throw it away.

Expired?: Remove the cap to check the expiry date on the device.

- Reminders:**
- Keep the Turbuhaler dry.
 - Do not breathe into the device.
 - Replace the cap after use.
 - Some devices have a counter that can be checked every time you use it.

Developed by the Community Pediatric Asthma Service, Calgary Health Region.

For more information on asthma medications and device demos, visit our website at:
www.calgaryhealthregion.ca/ican